

AT A GLANCE BULLETIN



Army Community Service 61 Quebec Street, BLD 683 Fort Devens, MA 01434—4479 Serving the Military in New England

October 2014

OCTOBER 2014

Army Community Service

Fort Devens Welcome Center

61 Quebec Street, Building 683
ACS Hours of Operation

0730-1600 Monday -Friday

https://www.devens.army.mil ACS TELEPHONE NUMBERS

978-796-3023/3119 DSN 256-3023/3119

MILITARY ONE SOURCE

1-800-342-9647

www.armyonesource.com

FROM THE OFFICE OF THE ACS DIRECTOR



DEPARTMENT OF THE ARMY HEADQUARTERS, FORT DEVENS 31 QUEBEC STREET FORT DEVENS, MASSACHUSETTS 01434-4424

IMDE-ZA

5 September 2014

MEMORANDUM FOR ALL GARRISON AND TENANT EMPLOYEES

SUBJECT Domestic Violence Prevention Month in the Army: Relationship Should be Safe, Respectful and Positive

Domestic Violence Awareness Month is recognized October of each year. In recent years, there has been an upward trend in substantiated cases of domestic violence in the Army. It is important to realize that many causes and conditions contribute to domestic violence, and it takes more than the usual effort to reduce the risk. We should never assume that someone else is solving the problem for us. Without every one of us doing our part, we cannot say our Army is fully ready to meet the mission of domestic violence prevention. As long as any Army spouse suffers from abuse, we have fallen short of our goals for readiness. Therefore, the message to everyone in the Fort Dovens community for Domestic Violence Awareness Month 2014 is very simple:

Relationships Should Be Safe, Respectful and Positive: Relationships are like gardens; they need to be cultivated and require care to ensure they are a positive and healthy part of your life. Relationships should be safe. Feeling safe in a relationship, both physically and emotionally is crucial. Relationships should be respectful. Respecting your partner is one of the fundamental ways to show love. Common courtesy goes a long way to making another person feel respected. Relationships should be positive. Encourage each other to be that positive role model for your children. Children learn about relationships by watching the people they know best. It is everyone's responsibility to create a climate of respect and safety within the Army Family.

Join me in making this October's Domestic Violence Awareness Month the beginning of a year-round campaign to end domestic abuse. Let the Fort Devens Family Advocacy Program be your partner in preventing and reducing the risk of domestic abuse, and restore valued relationships that are deteriorating. Safe, Respectful, Positive relationships can be the end result of these efforts. POC is Imelda Fisher at (978) 796-3023 or imelda.fisher.civ/@mail.mil

STEVEN FEGAN LTC, MP Commanding

Devens Civilian Welfare Committee Free Lunch

Friday 31 October 2014 1130-1230 Hours

Command Conference Room 31 Quebec Street / Building 679 Open to All Military & Civilian Employee ID Card Holders To Attend You Must <u>RSVP</u> by Friday 24 October 2014 to Sandra.L.Burson.civ@mail.mil





FINANCIAL

<u>Emotional Triggers and Financial Stress</u>: By <u>Lee</u> Financial stress is serious. It was identified as the number one cause of stress in a 2009 study by the <u>American Psychological Association</u>. Financial stress is associated with increases in: suicide attempts and suicide rates, physical illness, divorce rates, domestic violence, poor cognitive decisions. (Financial stress is also associated with a decrease in productivity in the workplace.)

When people are in crisis, they may seek help and resources through community, military and faith-based programs. The focus is often on addressing the immediate need for food, shelter, medical care and safety. But then what? People who have received help may then find themselves in a similar situation again. This is true even if they had been lucky enough to receive training on financial management skills: how to budget, get out of debt, shop wisely and save. **Knowledge, alone, may not be enough.** Today there is more awareness that emotional money triggers have tremendous influence on our financial choices.

Recently there has been a lot of focus on understanding emotional triggers and how they influence financial behaviors. For example, a single mom works two jobs. She's exhausted and feels guilty that a sitter is putting her kids to bed each night. She commits to saving \$20 a week for an emergency fund. What are the emotional triggers that will sabotage her good intentions?

• Will she slip because she spends impulsively and needs help with strategies to avoid or resist temptation?

- Will she automatically give money to friends or family when they ask for help? Then she may need to learn how to set priorities and say "no" or get some help with her fear of being rejected or hurt when she doesn't please the person asking for the money.
- Will she end up spending that money because her friends have different priorities and she doesn't want to jeopardize her relationships by not joining them for a good time? She may need counseling on self-esteem and speaking up.

Once we can help people identify their emotional triggers, we can help them find the right strategies to be prepared for the times their emotions will kick in. By helping them be prepared, they are more likely to be successful!

SOLDIER AND FAMILIES

Apple Hill Family, Military Appreciation Day 2014: Due to the generosity of Chuck and Diane Souther and the Apple Hill Family, Military Appreciation Day 2014 at Apple Hill Farm has been scheduled for Sunday, October 5, 2014 from noon to 4:00PM. As in the past, there will be free apple picking, face painting, pumpkin painting, apple crisp with icecream, and lots of other activities. Best of all, the day is FREE to Military Members, including Retirees, and their families. Don't forget your military ID, it's your ticket into the event. Parents of military members are also welcome. Contact Karen Thurston at www.nhbluestarmom@yahoo.com to register. Apple Hill Farm is located at 580 Mountain Road, Concord, NH. Take Exit 17 off Route 93 from either the north or the south (same exit as the Veterans Cemetery), and follow the signs to Apple Hill Farm.

The Family Dinner Project: Blue Star Families is pleased to announce that we're hosting a Community Dinner in partnership with The Family Dinner Project on October 9, 2014 from 6-8 pm at Hanscom Air Force Base in Massachusetts. This FREE event is open all military families in the area. Join us for an evening of food, fun and conversation about things that matter. As military families we face some unique challenges when it comes to family mealtimes. Maybe you're adjusting to life, and dinnertime, in a new part of the world, or your family is adjusting to mealtimes when a loved one is TDY, training or deployed.

The Family Dinner Project website notes that "researchers have confirmed what parents have known for a long time: sharing a family meal is good for the spirit, the brain and the health of all family members." Some of the benefits include higher grade point averages, improved body image and healthier eating habits among children who regularly eat dinner with their families. Blue Star Families and the Family Dinner Project are excited to collaborate and bring our military community to the family dinner table. We hope this event helps your family feel more connected to your service member, your family and your community. To register for our Community Dinner call 719-671-4776

3rd Annual Salute To Veterans: Hanscom AFB will be hosting its 3rd Annual Salute to Veterans on 7 November 2014. This year's event will be held in the Hanscom Conference Center beginning at 0730-0830 with a continental Breakfast. This will be followed by a ceremony which will begin at 0830 hrs. This year's tribute will again focus on the Veterans who served honorably whether retired or honorably discharged. If, you know someone please pass this along so we can increase our participation.

Because of the great success of this event we invite the first 72 who RSVP to join us on a tour of the State House and Boston immediately following the ceremony. We will be providing Transportation. Our Guest speaker will be Brigadier General (Ret) Jack Hammond, Executive Director of Massachusetts General Hospital/Home Base Program. We have put together a super program and we hope you will join us.

Please email me at <u>robert.jacques@us.af.mil</u> < <u>mailto:robert.jacques@us.af.mil</u>> to reserve your place for the event. Please include your rank and branch of Service. Thanks again to you my Brothers and Sisters for your service to our great nation. I hope to see you all on the 7th of November. If you need more info, I can be reached at 781-225-1333.

The Hanscom Clinic and Pharmacy will be closed the following dates:

- *Beginning in October the Clinic and Pharmacy will be closed the entire day the first Friday of every month for readiness training.*
- 13 Oct The Clinic and Pharmacy will be closed all day for Columbus Day November Closures:
- 7 Nov The Clinic and Pharmacy will be closed all day for readiness training
- 11 Nov The Clinic and Pharmacy will be closed all day for Veteran's Day
- 27 Nov The Clinic and Pharmacy will be closed all day for Thanksgiving
- 28 Nov The Clinic and Pharmacy will be closed all day for AFMC Family Day

If the clinic is closed and a patient requires non-emergent care that cannotwait until the clinic reopens, please contact the Nurse Advice Line (NAL) by calling 781-225-6789 and choosing the option for the NAL. The NAL will provide instructions or may authorize use of an Urgent Care Center if

provide instructions or may authorize use of an Urgent Care Center if medically necessary. At all times, if emergency care is required, call 911 or go to the nearest emergency room for treatment. Prior authorization is not required for emergency care.

UPCOMING EVENTS AND TICKETS AND TOURS

TICKETS AND TOURS, (781) 225-6505/6498 Hanscom AFB, 98 Barksdale Street Bldg http://www.hanscomservices.com/ PREPAID ORDERS ONLY!! Payment is due at the time the order is placed. Once the order has been placed there are no refunds.

FREE Tickets to Harvard VS Cornell while supples last:



HARVARD VS. CORNELL

OCTOBER 11 | 1 PM

HARVARD STADIUM

BONUS: Patriots tickets still available at Hanscom's Tickets & Tours! On sale NOW!

Sunday, Dec. 28 vs. Bills \$195 per pair*

*while supplies last!

HANSCOM AIRMAN AND FAMILY READINESS CENTER OCTOBER 2014

Please Call 781-225-2765 to Register

Serving the total force...Programs are free to all single and married Active Duty, Reserve, and Guard personnel, DoD civilians, retired Military personnel and Family members

MILITARY FAMILY LIFE CONSULTANTS (MFLCs) - MFLC provides free, short-term, non-medical, solution-oriented counseling on a range of issues. For service members and their families – no records are kept. Call (781) 879-7654 and leave your first name only for an appointment! to cope with disappointment, shock, worry, and to focus on the things we can control. Presented by Hanscom's Military and Family Life Consultant.

**PRIVATE SECTOR & FEDERAL RESUME CRITIQUE By 'in person' appointment only - Resumes are reviewed by an employment specialist with HR experience- get feedback to improve your format and content. Email your résumé to 66.fss.fsfr.cmb@us.af.mil & receive an appointment within 7 business days. Prior attendance at an A&FRC Résumé Writing class is recommended.

SOMEONE TO TALK TO when you need it: Military Family Life Consultants (MFLC) provide free, short-term, non-medical, solution-oriented counseling on a range of issues. For service members and their families – no records are kept. Call (781) 879-7654 and leave your first name only for an appointment!

Employee Assistance Program (EAP) provides a confidential, free counseling service on a wide range of personal and work concerns for DoD civilian, NAF and DECA employees as well as their family members. The EAP offers Financial and Legal services as well. Contact Ina Bachman, LICSW, CEAP at 1-800-222-0364 for an appointment and check out the website www.FOH4you.com . ** On site every Monday!!

* *INDIVIDUAL TRANSITION PLAN CHECKLIST -- CAPSTONE* * All service members are required to complete DD Form 2958, Service Member's Individual Transition Plan Checklist (referred to as "Capstone"), prior to separation/retirement. Appointments are available every Tuesday, from 9:00 – 10:30 am. Call to schedule an appointment.

VETERANS SERVICES REPRESENTATIVES are available. Please contact them at 781-225-2624/2625. Located in Bldg 1217.

VETERANS AFFAIRS DISABILITY CLAIMS REVIEW Fridays (By Appointment Only) A representative from AMVETS, a veterans' service organization, will assist you in processing your disability claim and answer questions. **Call 617-303-5698 for an appointment.**

- BUILDING YOUR CHILD'S SELF ESTEEM Wednesday October 1, 11:30 a.m. 12:30 p.m. Learn the meaning & factors that affect self-esteem, the connection between self-esteem & behavior, and 10 ways you can build your child's self-esteem. Presented by Hanscom's Military and Family Life Counselor.
- **PRESEPARATION COUNSELING Every Wednesday, October 1, 8, 15, 22, 29; 9:00 11:00 a.m.** Weekly sessions for separating & retiring service members to complete the mandatory DD Form 2648, Preseparation Counseling. The session provides critical information about benefits, resources & services available to transition from military to civilian life. This counseling MUST be provided at least 90 days prior to date of separation or retirement. Service members must complete the counseling prior to attending the Transition-GPS (Goals, Plans, Success) Workshop.
- PREDEPLOYMENT BRIEFING Every Friday, October 3, 10, 17, 24, 31; 2:00 —3:00 p.m. Mandatory for personnel tasked with a TDY/Deployment of 30 days or longer. Spouses are highly encouraged to attend. Briefings are held every Friday at the Airman & Family Readiness Center. Please call to sign up.
- **FEDERAL RESUME WRITING AND USAJOBS Tuesday, October 7; 8:30 a.m.—12:00 p.m.** Improve your odds of getting the federal job you want by learning resume writing basics, how to locate essential skills & keywords to include, how to write accomplishment statements, resume builder formats & more.
- CREATING A HEALTHY MARRIAGE Wednesday October 8; 11:30 a.m. 12:30 p.m. Join us as we explore the myths and realities of marriage through each state—from 'romantic love' to 'transformation'', how to understand & deal with conflict & the keys to creating and maintaining a healthy relationship with your spouse. Presented by Hanscom's Military and Family Life Counselor.
- WINNING SALARY NEGOTIATION Thursday, October 9; 9:30 —11:30 a.m. This intense 2 hour workshop will expose you to negotiating skills yielding top-of-range beginning salary & benefits.
- RESUME WRITING FOR THE PRIVATE SECTOR Thursday October 9; 12:30 —3:30 p.m. This basic resume writing course discusses how to write & format an effective resume & cover letter. Taught by a former private sector HR staffing specialist.
- MBTI—CHOOSE & CHANGE CAREERS Tuesday, October 14; 10:00 a.m.—2:00 p.m. Take the Myers-Briggs Type Indicator (MBTI) to learn your personality preferences. This helps you choose a new career or find more satisfaction in your present job. Bring your lunch
- MAXIMIZE SOCIAL SECURITY—'LUNCH & LEARN' Wednesday, October 15; 12:00 12:45 p.m. If you're thinking about retirement you want to be sure to get the most from Social Security benefit. Most people don't understand how it works or how to make it work for them. Join us to learn about Spousal Benefits, the pros and cons of taking benefits early, and the potential pitfalls or working while collecting. Presented by the Hanscom Federal Credit Union. Free lunch.
- E-SMOOTH MOVE SEMINAR Thursday, October 16; 11:00 a.m. 12:00 p.m.

Learn how to navigate the new internet based resources designed for PCS moves, & where to get answers to your questions about your upcoming move. Informational handouts will be provided. Bring your "smart" device & follow along with us on our WIFI. **Spouses Welcome!**

MOVING WITH CHILDREN Thursday, October 16; 12:15 — 1:00 p.m.

Parents! Please join us for this special presentation immediately following the E-Smooth Move Seminar. We'll discuss tips & techniques to help make moving & adjustment to a new school easier for your children whether it's their first move or their fifteenth. (Partnership with MFLC)

TRANSITION—GPS WORKSHOP Monday - Friday, October 20-24; 7:30 a.m.—4:00 p.m. Hanscom Conference Center, Building 1106 · All military attendees must have completed DD Form 2648/1 (Preseparation Counseling) prior to the workshop. Mandatory for all service members.

Spouses welcome. Assists voluntarily & involuntarily separating & retiring service members with career & life transition. This 5 day program consists of a VA benefits briefing, DOL Employment Workshop, a modules on financial planning, Military Occupational Code (MOC) Crosswalk & preparation and review of Individual Transition Plans (ITP). All military attendees must be enrolled in eBenefits.va.gov prior to the workshop. Please bring your own laptop, Pre-Registration is required; *NOTE: All classes are subject to change. Please call to register and confirm date and time. INSTALLATION COMMANDER'S WELCOME Monday, October 20, 8:00 – 11:30 p.m. Your official introduction to Hanscom AFB features essential base & local community information for new arrivals. Spouses & other service personnel at HAFB are encouraged to attend! MEDICAL SQUADRON WELCOME for clinic beneficiaries (mandatory for military) follows from 11:45—1:00 p.m. FIRST DUTY STATION OFFICER'S FINANCIAL BRIEFING follows from 2-3:30 PM at the A&FRC (Bldg 1218)

FAMILY WELCOME — Bring the children! Tuesday, October 21; 10:00 — 11:00 a.m. Community Support Center, Bldg. 1217 Learn about Hanscom AFB & the surrounding communities. Receive money saving tips and shopping information while learning about schools, recreation, local attractions, safety, security, education, employment & more. Children welcome. SPECIALIZED TRAINING OF MILITARY PARENTS (STOMP) Tuesday & Wednesday, October 21 & 22; 8:00 a.m. – 3:00 p.m. Hanscom Conference Center (location may change) For Military Parents of children with special needs and professionals who work with children with special needs. This two-day workshop will guide families with special needs children through multiple complex systems that exist in the military, educational programs, and within their community. Training topics include: Special Education Law, Individualized Education Program (IEP) and 504, Tricare & Enhanced Care Health Option (ECHO), Communication & Advocacy, Networking, SSI, Wills, Guardianship, & Special Needs Trusts, and Organizing Home Files/FERPA HEARTS APART - COSTUME PARTY Wednesday, October 22, 5:00—7:00 p.m. Minuteman Commons Families of deployed, remote tour & extended TDY service members are invited to wear you costume & join us for a somewhat spooky but very fun evening of food & games. Please RSVP by Friday, 17 October by calling 781-225-2765 or via e-mail shon.teicheira@us.af.mil CAREER TECHNICAL TRAINING TRACK (CTTT) WORKSHOP Monday & Tuesday, October 27, 28; 8:00 a.m.—4:00 p.m. This VA sponsored program assists transitioning service members & family members to identify occupations, establish career goals & initiate applications for credentials & vocational training. Receive guidance & help in selecting fields, schools & use of web

PRE-REGISTRATION IS REQUIRED. CALL (781) 225-2765 or email us at 66.fss.fsfr.cmb@us.af.mil

Family Advocacy Outreach

CELL PHONE COLLECTION: The Family Advocacy Program collects used and old cell phones, and distributes them to local domestic violence agencies. Drop off phones, batteries, and chargers to the Family Advocacy Program, Bldg 1217. Please put each phone and its accessories in a sealed, plastic bag.

WIC, a nutrition and education program for income-eligible expectant parents or parents with children age birth to five is located on base. * WIC is located in Bldg 1507 *. WIC is on base the first and

third Wednesday of each month from 0800 to 1530. For WIC appointments or information, call (617) 312-9974.

<u>First Connections-</u> Is a non-profit, family support organization that provides comprehensive services to families with young children birth through age five. First Connections serves a large geographic area that encompasses twelve metro-west communities, including Hanscom Air Force Base. All programs are free or low cost. More information is available on their website www.firstconnections.org or by calling 781-287-0221.

EMPLOYMENT READINESS

<u>Veterans Employment Center:</u> A new online resource, the Veterans Employment Center, officially launched on April 23, 2014! The site is the first interagency tool to bring both public and private job opportunities, a resume-builder, military skills translator and detailed career and training resources together in one place.

At the Joining Forces anniversary celebration, First Lady Michelle Obama stated, "Starting today, every single service member, every veteran, and every military family will have access to a new online tool that will revolutionize how you find jobs in both the public and private sectors.

All you have to do is log on to ebenefits.va.gov."

This new eBenefits feature incorporates numerous tools and resources for job seekers, as well as employers who want high quality applicants. Veterans, service members and their spouses or dependents, who are looking for work, transitioning out of the military or changing careers are encouraged to utilize the Veterans Employment Center. Users can access the Skills Translator function to translate military terms to civilian skills or just go right to the Resume Builder tool. Resumes created on the site will be available to private and public sector employers who specifically want to hire veterans. Veterans Employment Center is found at http://www.nvti.ucdenver.edu/home/buzz xtra/eBenefits factsheet.pdf">http://www.nvti.ucdenver.edu/home/buzz xtra/eBenefits factsheet.pdf
The Federal Resume Database:

THE FEDERAL RESUME DATABASE

SUCCESSFUL FEDERAL RESUME SAMPLES FROM 6 POPULAR FEDERAL RESUME BOOKS BY KATHRYN TROUTHAN



150 Samples of Samples of Military Transition, Military Spouse, Student Veteran, and Government Federal Employee Federal Resumes From Current Titles and CD-ROMs by Kathryn Troutman



http://www.resume-place.com/imcomacs Username: IMCOMACS Password: getajob

The Resume Place, Inc. -- www.resume-place.com -- (888) 480-8265

<u>Free Vocational Training for Veterans:</u> The Veterans Training School (VTS) is recruiting unemployed and under-employed Veterans for the following vocational free vocational programs: Apply today! Email Andrew Moyseowicz or call 617-371—1810. Find more online at www.nechv.org

<u>Career Opportunities:</u> An update that we now have a "Career Opportunities" link on our website which will have all the information regarding our current job opening, description, and how to apply... http://www.veteransinc.org/about-us/career-opportunities/

<u>Labor Ready</u>: Provides temp jobs to those interested in gaining work experience, want some extra cash, or need immediate income when between jobs or need seasonal work. Flexible work hours; get paid the same day. Over 600 locations throughout the United States. http://www.laborready.com/Temporary-Employment

The above information is provided as a community service. No endorsement of events, products or services by the DoD is implied or intended. For more information, contact the company directly.

Free Resume Help for Military Members: The below website is where Service Members can get free resume writing help and the course schedule. http://www.networkri.org/centers.htm

<u>USA JOB:</u> JOB OPPORTUNITIES ON THE BASE - Remember to go to <u>www.USAJOBS.GOV</u> and search for Newport, RI if you are interested in finding out and applying for positions open onboard the Naval Station. Current opportunities include a Motor Vehicle Operator that's open through next week. Spread the word! USAJOBS - The Federal Government's Official Jobs Site <u>www.USAJOBS.GOV</u> This is a United States Office of Personnel Management website. USAJOBS is the Federal Government's official one-stop source for Federal jobs and employment information.

Job Search: Below please find a link to critical skills needed at Booz Allen Hamilton. Please share with your contacts and have all interested email me their resumes and I will submit on their behalf – this speeds up the review process. Also, applicants must identify the job skills qualification from the list. https://erp.bah.com/hotjobs.htm

Website: Career Resources for Veterans: The Defense Centers of Excellence (DCoE) recently collaborated with PBS to produce a handbook for military families. Created as a companion to the PBS series "This Emotional Life," A Handbook for Family & Friends of Service Members explores the stressors and feelings individuals may encounter throughout the different phases of deployment. The handbook aims to provide solutions for Service members and identifies outside tools and resources that may be useful to friends and family members before, during and after deployment. Topics include what to expect during deployment and how to strengthen or repair relationships. Order the handbooks from the Real Warriors Campaign website at http://www.sc.edu/career/Webresources/veterans.html

http://www.realwarriors.net/materials/order

Hanscom AFS: Resources http://www.hanscom.af.mil

Massachusetts Career Information System: http://masscis.intocareers.org/default.asp

Veterans Employment Services (978) 534-1481 x 117www.wmoore@detma.org

Orion International: info@orioninternational.com

RELOCATION READINESS

ACS has listings for apartments or houses to rent. List is updated as housing is made available to us. Call 978-796-3023. ACS Electronic Welcome Packets https://www.devens.army.mil or call 978-796-3023

Moving and Relocation Information: Terrific tips to make moving easier. http://afmove.hq.af.mil/Default.asp

TRICARE Information at Hanscom AFB:

Hanscom AFB offers a monthly Newcomer Orientation Medical Clinic welcome to all new patients every Tuesday from 1300 to 1500. It is strongly recommended that Army personnel attend so they can find out about their provider, how to access emergency services, and referral. Telephone: 781-377-2120

FORT DEVENS SERVICES:

<u>Fort Devens Mail and Distribution</u>: Mail & Distribution Hours are as follows. The Door will be open for box pick up between the following hours.0730 AM to 1600 PM. Window pick up 0900 AM to 1200 PM 1230 PM to 1430 PM

Education Office: The 99th RSC Education Office is located at 30 Quebec Street, (Building 666) Fort Devens, in Rooms 328,326, and 324. POC is Lee Achenback at 978-796-2968. Services include educational and career counseling, GI Bill questions and issues, tuition assistance, financial aid and scholarship information as well as test administration and test proctoring.

Police Services Division: Fingerprinting 0930-1030 / 1500-1600 or By Appointment.

Police: 978-796-3333

Physical Security: 978-796-2061

Carlson Wagonlit Travel/Veterans Travel: 800-945-0535 or 402-345-7596

Devens Legal: 978-796-2255 Education Office: 978-796-2331

AAFES / Clothing & Sales: 978-772-6838 / 2065

Photo Section DA Photo: 978-796-2559

Fort Devens ID Cards 978 - 796-2130, Building 683

Billeting: Bldg. 978-796-3201

Distance Learning Center: 978-796-3612 / 2605 / 2626

Transportation: Passenger 978-796-2141/ or 2393 Freight 978-796-2832/ or 2840

Vehicles: 978-796-2141

MASSACHUSETTS RESOURCES: USO New England: http://www.uso-

newengland.org/index.htm

Massachusetts Parks: <u>www.state.ma.us/dem/forparks.htm</u>
Massachusetts Wildlife: <u>www.state.ma.us/dfwele/dfw</u>

State of Massachusetts Child Care Finder: www.qualitychildcare.org Massachusetts Getaway Guide: http://www.mass-vacation.com/

Massachusetts's area Guides net: http://massachusetts.ags.myareaguide.com/

Boston and Local Area Concerts: http://www.bostonconcerts.com/